

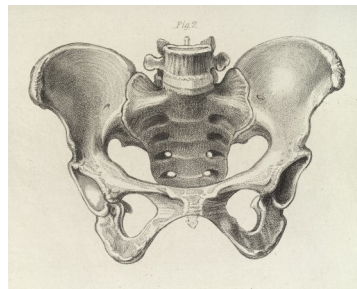


Virginian Rehabilitation
and Wellness, Inc.

Parkinson's Disease: the “Other” symptoms

Pelvic Floor Dysfunction:

- Urinary frequency
- Constipation
- Urinary or bowel incontinence
- Painful urination
- Painful penetration
- Sexual dysfunction



Treatment:

- Pelvic positioning/Posture
- Breathing
- Hydration and possible dietary consideration
- Motor coordination of pelvic floor muscles
- Biofeedback
- Treatment of leg or back muscle stiffness or low back pain



Lymphedema versus Edema:

- Possible use of manual lymph drainage
- Prescription for appropriate compression garments if needed
- Individualized program for mobility, hygiene, elevation



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